

## **SCALP TREATMENT**

If the scalp is **terribly thick and scaly** then it is best to loosen the scales by applying **liquid paraffin** to soak in for 3 hours or even overnight wearing a shower cap....then wash off with Capasal or any shampoo, dry the scalp and massage in Betacap scalp application or Synalar gel. You may do this for 3 to 5 nights and then follow the treatment below. The treatment below maybe used if the scalp is not terribly thick and scaly.

1. Apply Cociois or Sebco onto scalp and leave it on for 1 hour ; if it does not work please leave it on overnight.
2. Wash off with Capasal shampoo or any shampoo you prefer if Capasal shampoo does not agree with you.
3. Dry the scalp and massage in Synalar gel or Betacap scalp application. If the scalp still feels a bit itchy afterwards then please massage in some olive oil.

This treatment maybe used for 7-14 days noting topical steroids should not be used for long periods.

When the scalp reaches a steady state and you wish to just keep it under control you may just use **Etrivex shampoo** once a week or fortnight : this shampoo is applied onto dry scalp left on for 15 minutes and then rinsed off.